

# AI and Healthcare

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## The “good” algorithm?

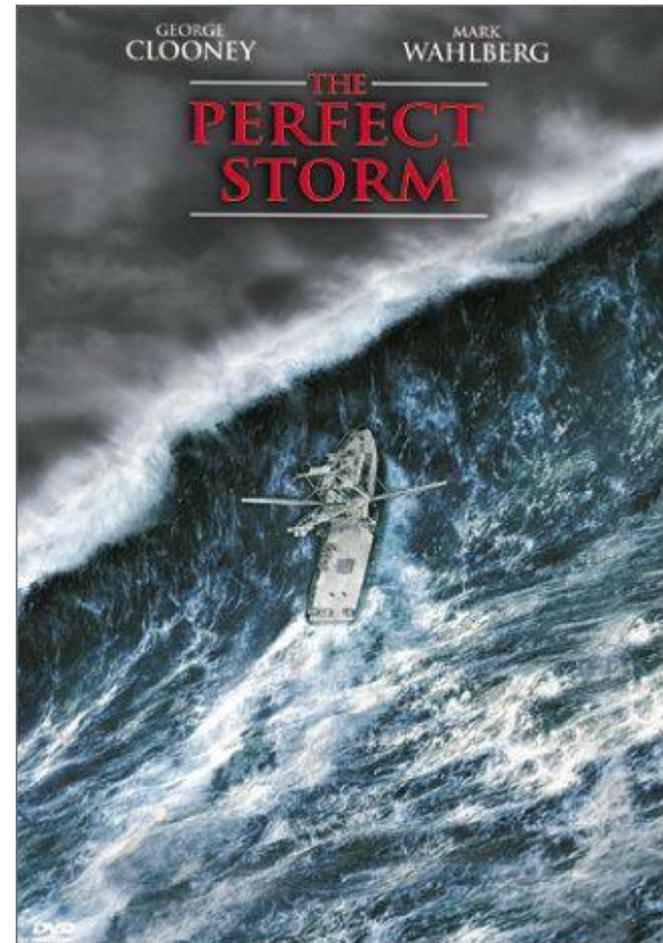
Artificial Intelligence. Ethics, Law, Health

Roma, 27 February 2020

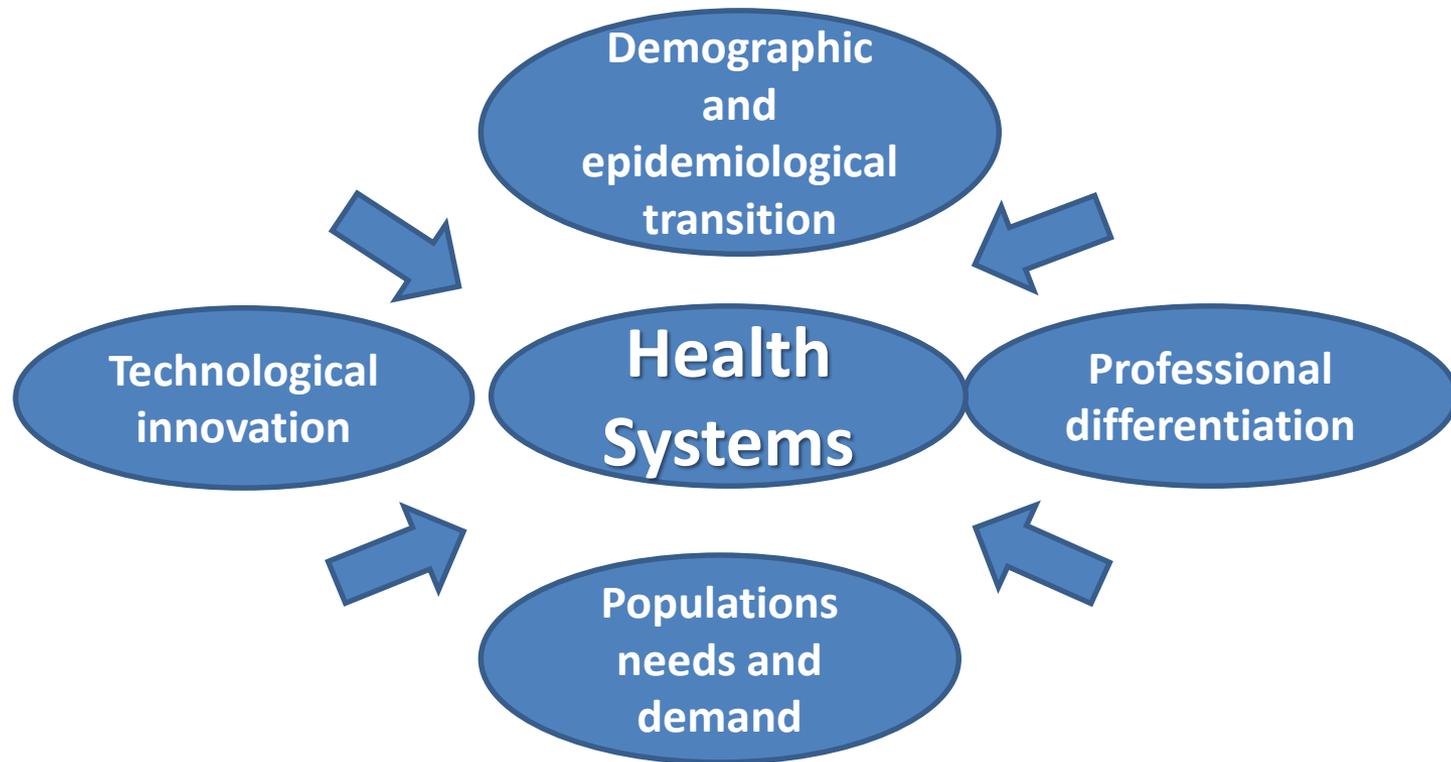
# Are world health systems facing the perfect storm?



A "**perfect storm**" is an expression that describes an event where a rare combination of circumstances will aggravate a situation drastically.



# The waves of demand and supply



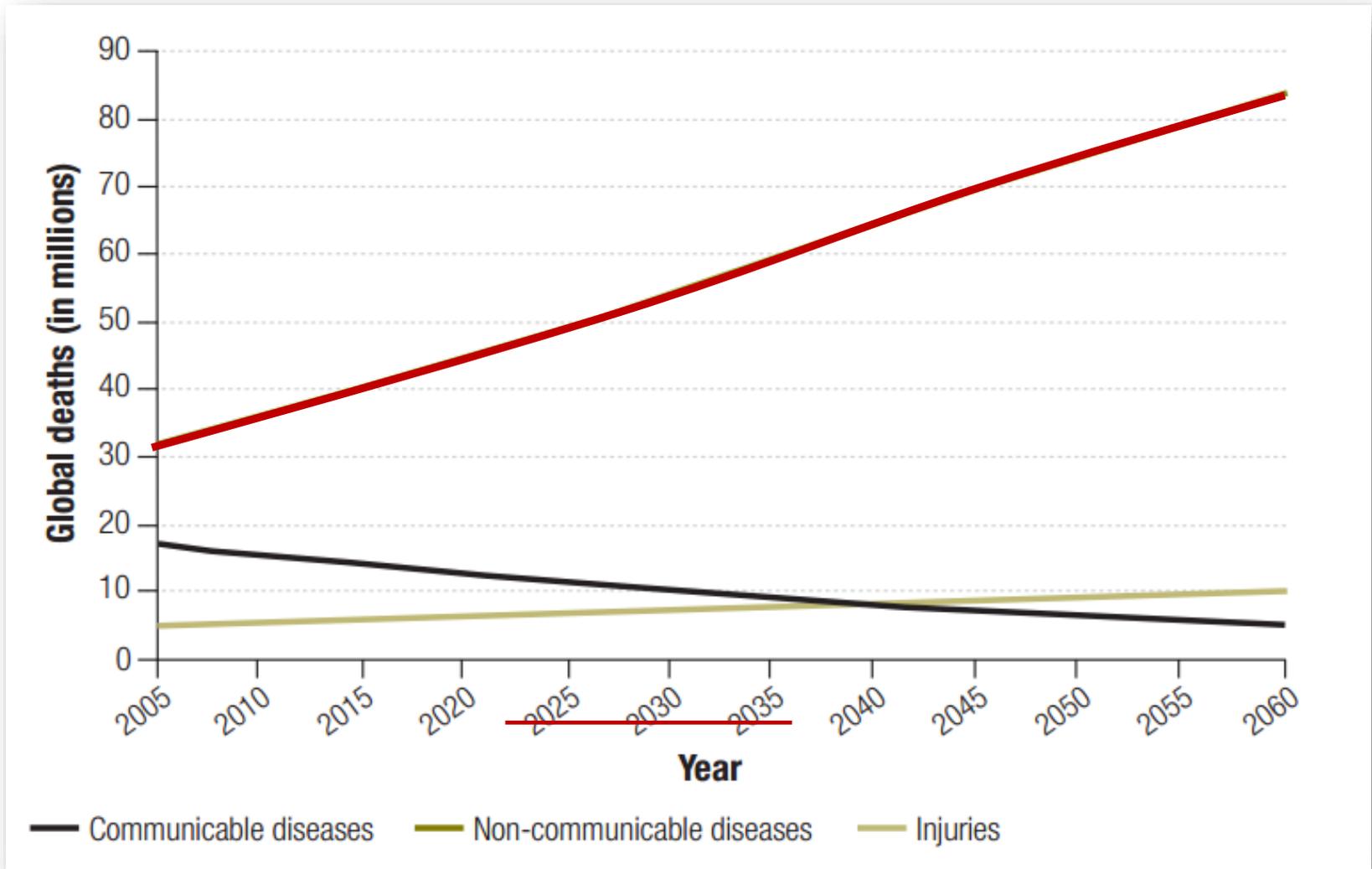
70s



2020



# Chronic diseases

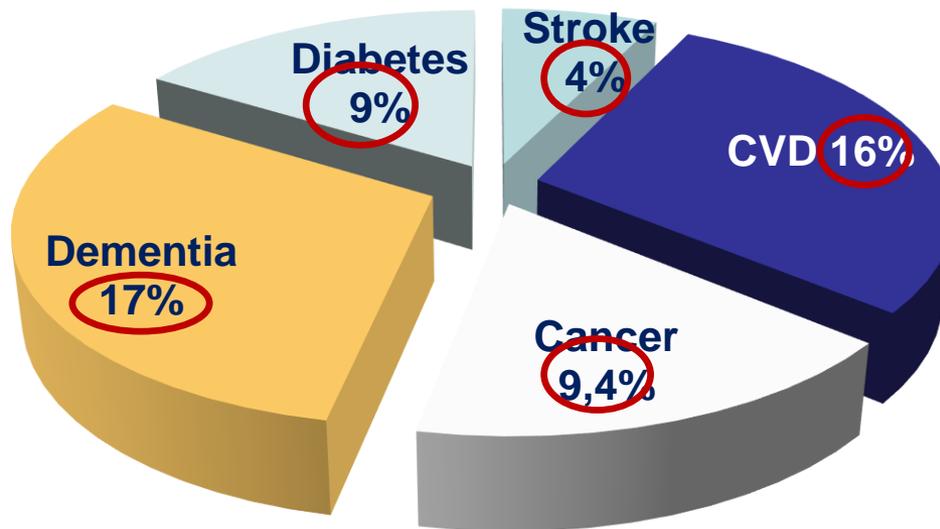


Source: Projections of global health outcomes from 2005 to 2060 using the International Futures integrated forecasting model. WHO bulletin 2011.

# Chronic conditions and economic burden

It has been estimated that the commonest chronic conditions are costing the EU countries **more than 1 trillion Euros per year, which is expected to increase to 6 trillion Euros by the middle of the century.**

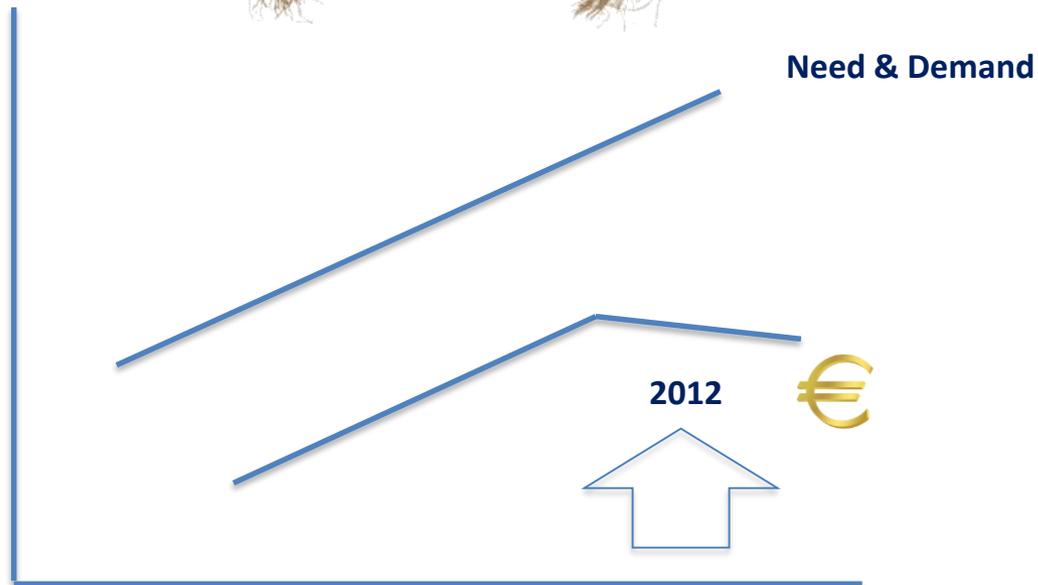
In UK the cost of chronic conditions such as stroke, heart diseases, diabetes, cancer and dementia pile up to over 50% of total healthcare expenditure.



No country can afford this

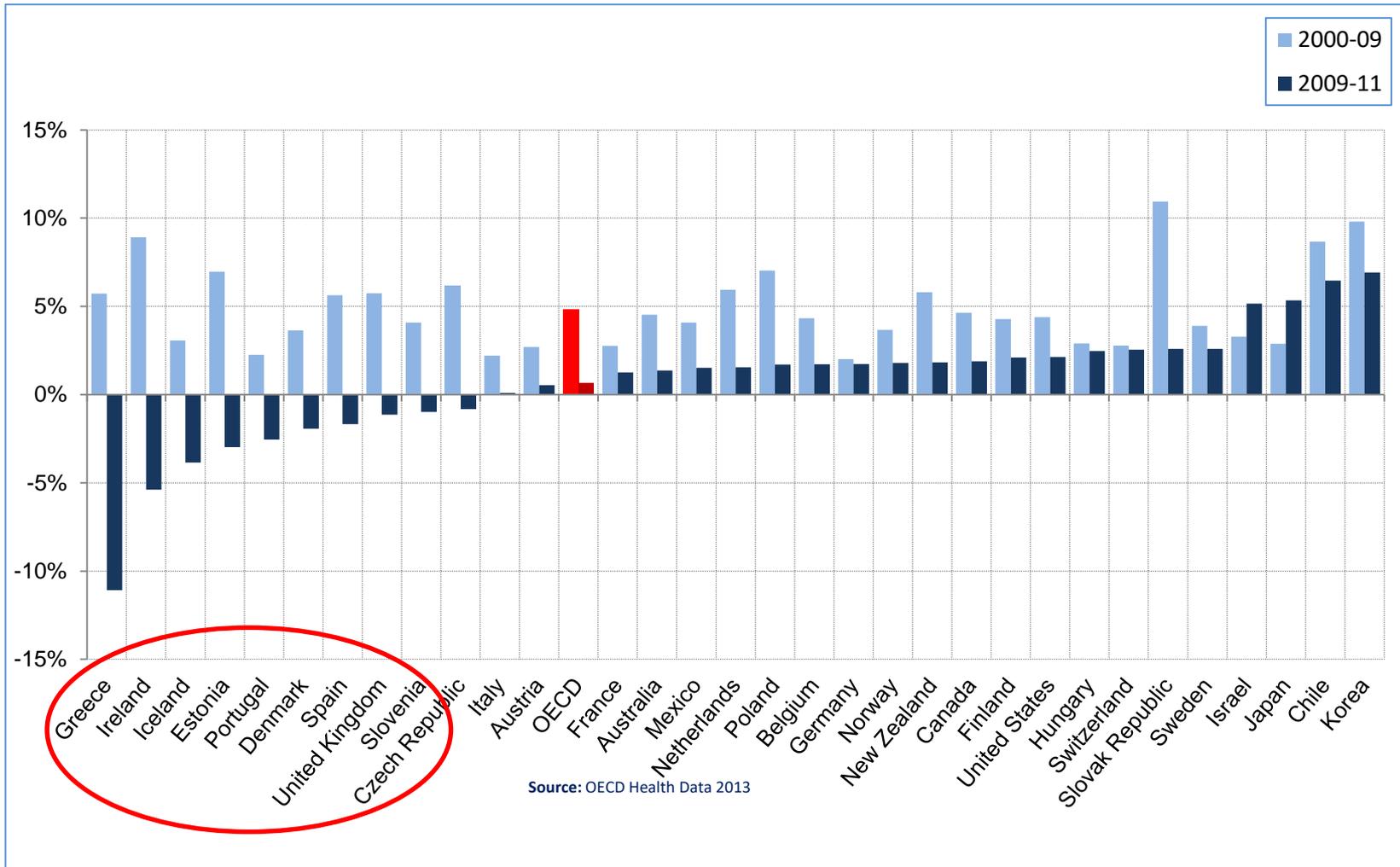
1 trillion = 1.000.000.000.000.000.000

# Financial constraints



# Health spending

Average annual growth in health spending in real terms



What can we do for our health systems?

# Healthcare Sustainability

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**Prevention  
and  
Early Intervention**

**Empowered and  
responsible citizens**

**Reorganisation  
of care**

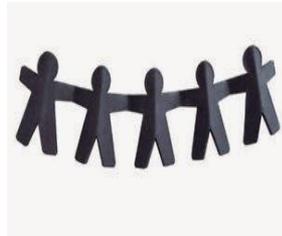


# What makes health services ineffective and inefficient

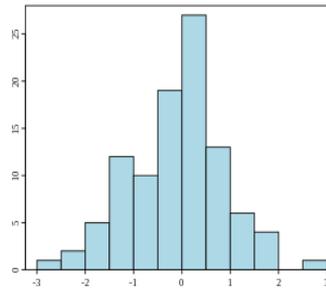
Delay in treatment



Same treatment for all



Undue variability in health conditions



Waiting for patients to arrive in our silo structures



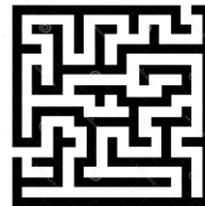
Uncertainty on what really works



Frequent medical errors (not notified)



Irrational workflow



Patients ignore doctor's instructions





# Innovation



The process of translating an idea or invention into a product/service that creates value or for which customers or society or insurance will pay

The application of better solutions that meet new requirements, unarticulated needs, or existing population needs

Something original and more effective and - as a consequence- new, which "breaks into" the market or society



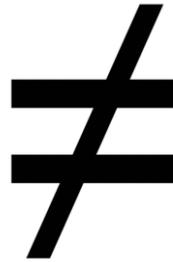
# Innovation

## INVENTION

Innovation refers to the use of a better and, as a result, novel idea or method

*whereas*

invention refers more directly to the creation of the idea or method itself



## IMPROVEMENT

Innovation refers to the notion of doing something different

*rather than*

rather than doing the same thing better

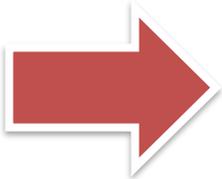
# Types of innovation

<b>SUSTAINING</b>	<b>An innovation that does not affect existing markets</b>	
	<b>Continuous</b>	An innovation that improves a product in an existing market in ways that customers are expecting.
	<b>Discontinuous</b>	An innovation that is unexpected, but nevertheless does not affect existing markets.

<b>DISRUPTIVE</b>	<b>An innovation that creates a new market or expands an existing market by applying a different set of values, which ultimately (and unexpectedly) overtakes an existing market</b>	
	Main features are:	<ul style="list-style-type: none"><li>a) improved health outcomes</li><li>b) create new professional culture</li><li>c) serve new groups or have new products/services (“create new markets”)</li><li>d) create new players</li><li>e) disorders old systems</li></ul>

## Disruptive innovation in health care

The EXPH understands disruptive innovation in health care as:



**“a type of innovation that creates new networks and new organisations based on a new set of values, involving new players, which makes it possible to health improve outcomes and other valuable goals, such as equity and efficiency. This innovation displaces older systems and ways of doing things”.**

# Disruptive innovation in health care



The concept of disruption implies that not only does an innovation take place, but that the previous “market”, companies, employers or employees might change considerably.



# Main characteristics of disruptive innovations

A disruptive innovation can often be characterised by some (or all) of the following elements:



**Provide improved health outcomes**



**Empower the patient/person**



**Create new services and overcomes challenges regarding accessibility to existing or new services**



**Create new professional roles and capacities**



**Lead to cost-effective methodologies that improve access**



**Create new sets of values for the health workforce, patients, citizens and community**



**Promote person-centred health delivery**



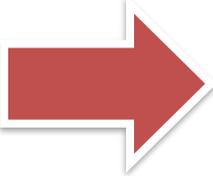
**Introduce transformative cultural change**



**Disorder old systems**

# High value in disruptive innovations

SOME DISRUPTIVE INNOVATIONS COULD BE CHARACTERIZED BY THE FACT THAT THEY ALSO PRESENT **HIGH VALUE**



In health care, high value can be defined as **meeting patient expectations at the level of the individual or providing the better outcomes in the most cost-effective way in the short or long-term at the population level.**

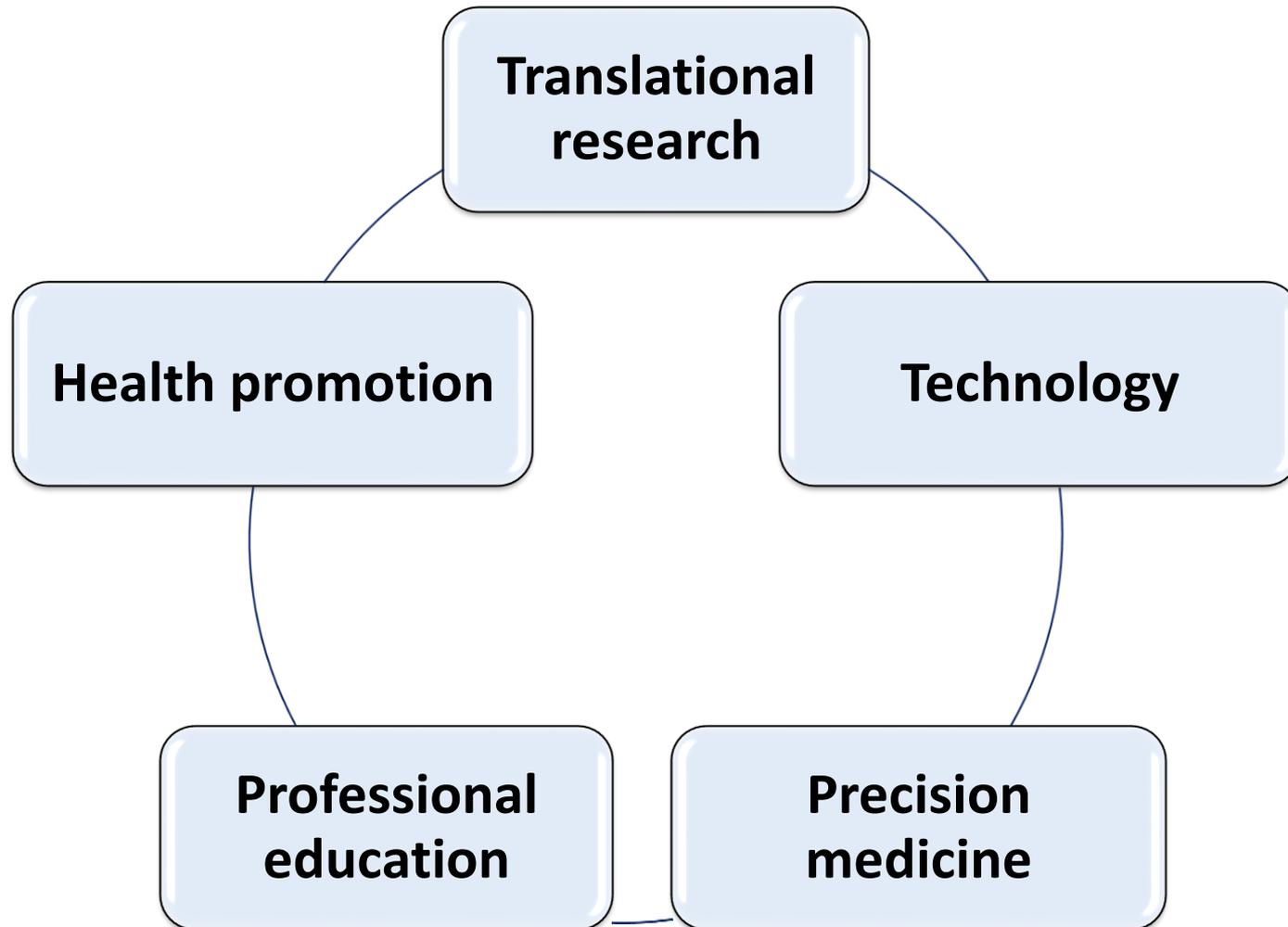
In an era in which resources often do not increase in step with increasing need and demand, when they increase at all, it is essential **to promote disruptive innovations that present high value.**



# Examples illustrating the taxonomy

<p><b><u>TECHNOLOGICAL</u></b></p> <ul style="list-style-type: none"><li>• Antibiotic development</li><li>• Anti-ulcer drugs</li><li>• Minimal invasive surgery</li><li>• New and more effective treatment for HCV</li></ul>	<p><b><u>ORGANISATIONAL</u></b></p> <ul style="list-style-type: none"><li>• Community-based mental health</li><li>• Population based accountable organisations</li><li>• Integrated care</li></ul>
<p><b><u>PRODUCT AND SERVICES</u></b></p> <ul style="list-style-type: none"><li>• Development of palliative care</li><li>• Patient-centred care</li></ul>	<p><b><u>HUMAN RESOURCES</u></b></p> <ul style="list-style-type: none"><li>• Diabetic patient self-management</li></ul>

# 5 strategic areas for disruptive innovations





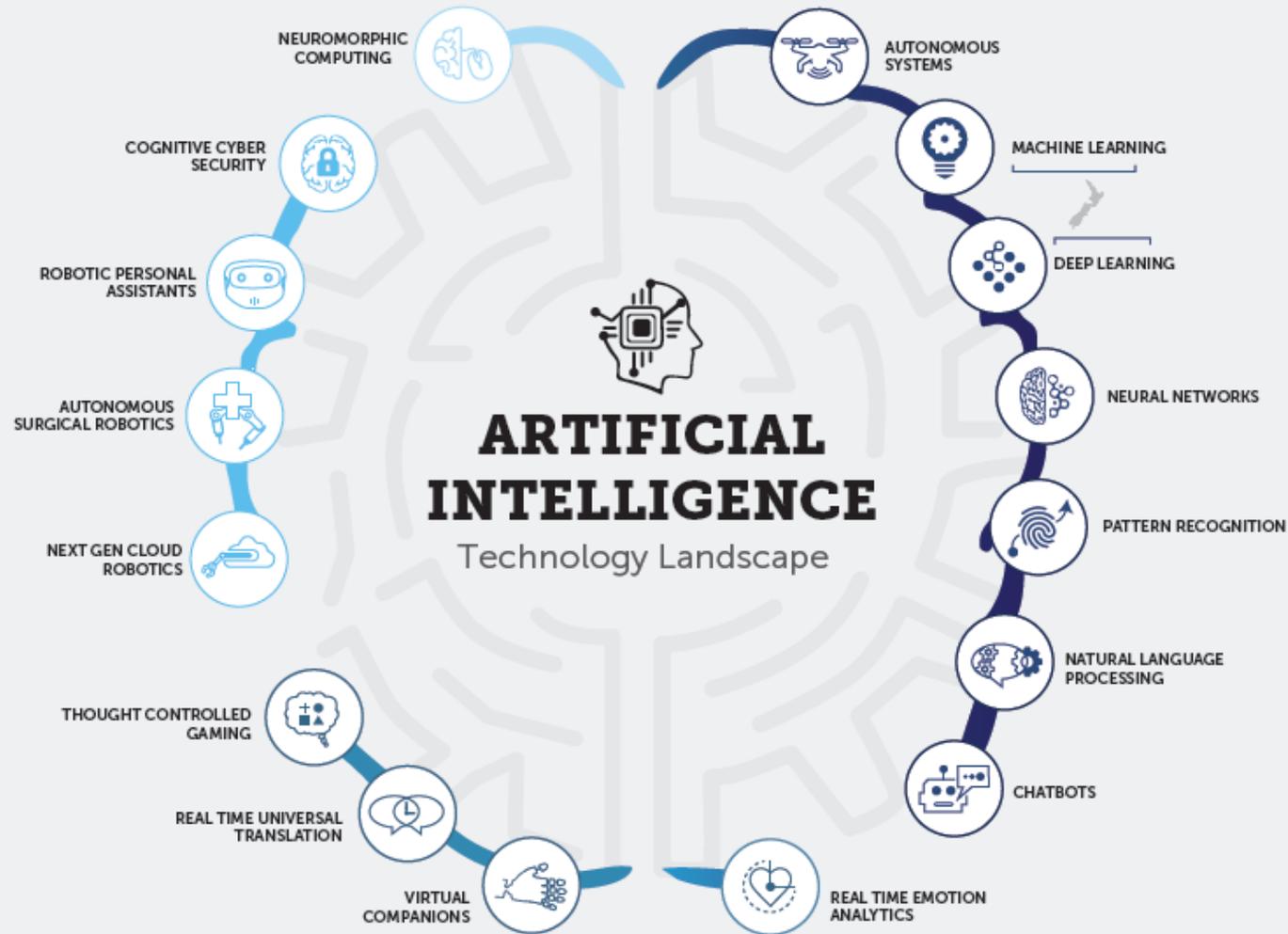
INDEPENDENT  
**HIGH-LEVEL EXPERT GROUP ON  
ARTIFICIAL INTELLIGENCE**  
SET UP BY THE EUROPEAN COMMISSION



**A DEFINITION OF AI:  
MAIN CAPABILITIES AND DISCIPLINES**

Definition developed for the purpose of  
the AI HLEG's deliverables

- AI refers to systems that display intelligent behaviour by analysing their environment and taking actions
- with some degree of autonomy
- to achieve specific goals



SOURCES:  
 Pros & Sullivan 'Artificial Intelligence - R&D and Applications Road Map' (Dec 2016), Harvard Business Review - The competitive landscape for Machine Intelligence (Nov 2016), Shivan Zilis and James Chan 'The State of Machine Intelligence, 2015' (2016), Stanford University, 'Artificial Intelligence and Life in 2030?' (2016), [https://en.wikipedia.org/wiki/Artificial\\_intelligence](https://en.wikipedia.org/wiki/Artificial_intelligence) (2017)

# Artificial Intelligence in Healthcare

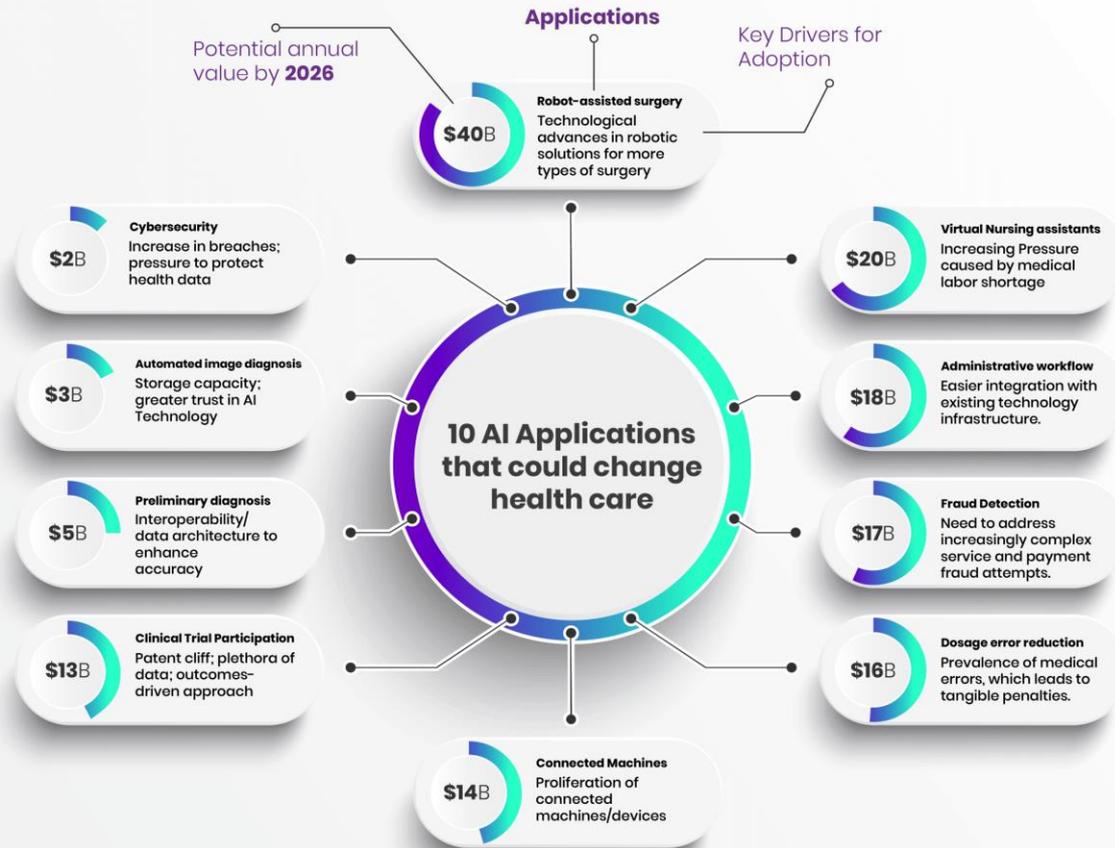
Studies by **accenture** predict that growth in the AI healthcare space is expected to touch \$6.6 billion by 2021 with a CAGR of **40%**



*The new technology aims to enhance interactions between patients and caregivers to both improve the consumer experience and reduce physician burnout.*

**AI** also holds promise for **helping** the healthcare industry **manage costly back-office problems** and **inefficiencies**. Activities that have nothing to do with patient care consume over **51%** of a **nurse's workload** and nearly **16%** of **physician activities**.

**AI-based technologies**, such as **voice-to-text transcription**, can **improve administrative workflows** and **eliminate time-consuming non-patient-care activities**, such as writing chart notes, filling prescriptions, and ordering tests. It is estimated that these **applications** could **save** the industry **\$18 billion annually**.



## Artificial Intelligence in Healthcare can be deployed across these use cases



Virtual Assistants for Staff



Robot-Assisted Surgery



Automated Image Diagnosis with AI/ML



AI in Pathology



Personal Health Companions Powered by AI



Rare Diseases Detection with AI



Oncology – Detecting Cancer with AI



Cybersecurity Applications of AI in Healthcare



AI-Powered Chatbots



Medication Management with AI and ML



Robots for Explaining Lab Results



Health Monitoring with AI and Wearables



AI chatbots in healthcare will be a **crawl-walk-run endeavor**, where the easier tasks will move to chatbots while **awaiting the technology** to **evolve** enough to **handle more complex tasks**

# Artificial Intelligence in healthcare: promising future, but barriers remain

The future looks promising for  
AI-based automation ...



New job creation



Opportunity to build  
advanced AI capabilities



Emergence of general AI to  
create a synthetic system as  
sophisticated as the human



Formulation of an AI  
regulatory framework

... but barriers that restrict its  
universal acceptance remain



Absence of  
interoperability



Regulatory  
implications



Moral/ethical  
implications



Concerns about  
data privacy



Shortage of relevant  
and sufficient talent



Everest Group®

Dr. Robot Will See You Now: Unpacking the State of Artificial Intelligence  
in Healthcare – 2019

The market will be **ACCELERATING** growing at a **CAGR** over

**28%**



**INCREMENTAL GROWTH**  
**\$5.16 bn**



2018



2023

The year-over-year growth rate for **2019** is estimated at

**25.19%**



The market is **MODERATELY CONCENTRATED** with a few players occupying the market share



**49%**  
of the growth will come from  
**NORTH AMERICA**

One of the **KEY DRIVERS** for this market will be the **PUSH FOR DIGITALIZATION IN HEALTHCARE**



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MARKET IN HEALTHCARE SECTOR

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# 90+ Healthcare AI Startups To Watch

## Imaging & Diagnostics



## Drug Discovery



## Predictive Analytics & Risk Scoring



## Genomics



## Fitness



## Hospital Decision Support



## Remote Monitoring



## Virtual Assistant



## Clinical Trials



## Nutrition



## Compliance



## Mental Health



# Artificial Intelligence in Health Care

The Hope, the Hype, the Promise, the Peril

Sonoo Thada  
and D

**TABLE 1-1** | Practical challenges to the advancement and application of AI tools in clinical settings identified during the November 30, 2017 Digital Health Learning Collaborative Meeting

Challenge	Description
<b>Workflow integration</b>	Understand the technical, cognitive, social, and political factors in play and incentives impacting integration of AI into health care workflows.
<b>Enhanced explainability and interpretability</b>	To promote integration of AI into health care workflows, consider what needs to be explained and approaches for ensuring understanding by all members of the health care team.
<b>Workforce education</b>	Promote educational programs to inform clinicians about AI/machine learning approaches and to develop an adequate workforce.
<b>Oversight and regulation</b>	Consider the appropriate regulatory mechanism for AI/machine learning and approaches for evaluating algorithms and their impact.
<b>Problem identification and prioritization</b>	Catalog the different areas of health care and public health where AI/machine learning could make a difference, focusing on intervention-driven AI.
<b>Clinician and patient engagement</b>	Understand the appropriate approaches for involving consumers and clinicians in AI/machine learning prioritization, development, and integration, and the potential impact of AI/machine learning algorithms on the patient-provider relationship.
<b>Data quality and access</b>	Promoting data quality, access, and sharing, as well as the use of both structured and unstructured data and the integration of non-clinical data is critical to developing effective AI tools.

# NYU Langone Health Culture



# A road-map for transformation: The NYU Langone Story

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KPI	2007	2019
QUALITY & SAFETY RANKING ON 90 HOSPITALS	# 60	# 2
MEDICAL SCHOOL RANKING	# 34	TOP 10
PROFIT PERFORMANCE	LOSS 150 Mio \$	GAIN 240 Mio \$

# Gemelli



**Fondazione Policlinico Universitario Agostino Gemelli IRCCS  
Università Cattolica del Sacro Cuore**

**PROGETTO DIREZIONE  
DIGITAL INNOVATION & CHANGING PROCESS**

# Conclusions

## Artificial intelligence

**can be an important instrument**

**can provide a new and different perspective that tends to reduce complexity in favour of the empowerment of the citizen/patient**

**should be seen by policy makers as possible new methods of dealing with old issues**

**Health systems should be responsive to innovations and allow promising disruptive innovations to be tested, evaluated, and implemented. This requires the presence of responsive and open-minded systems**

**There may not be a “one size fits all” solution for monitoring, managing and stimulating the adoption of disruptive innovations**



**THERE ARE NO  
“ONE-SIZE-FITS-ALL”  
SOLUTIONS**

Thank you for your attention